

# ShapeWorks™ Ultimate Protein Plus Program

The ShapeWorks™ Ultimate Protein Plus Program takes weight loss and nutrition to the ultimate level. It includes all the components of the ShapeWorks™ Advanced Protein Plus Program, plus Snack Defense™ and the Protein Sampler Pack to help with hunger.

## HIGHLIGHTS OF THE PROGRAM

- **Formula 1 Nutritional Shake Mix.** A meal replacement shake with heart-healthy soy protein, vitamins, minerals, herbs, enzymes and fiber, to leave you feeling satisfied and energized. When combined with nonfat milk or soy milk and Formula 3 Personalized Protein Powder, you get 25 to 30 grams of hunger-satisfying protein. Choose from five delicious flavors: French Vanilla, Cookies 'n Cream, Dutch Chocolate, Wild Berry and Tropical Fruit.\*\*
- **Formula 2 Multivitamin Complex.** A blend of vitamins, minerals and herbs to help ensure your essential nutrient needs and support health and vitality as you lose weight.\*
- **Formula 3 Personalized Protein Powder.** A soy- and whey-protein supplement that is added to shakes in an amount personalized for each individual, to satisfy hunger and help build and maintain lean muscle mass. Contains 5 grams of protein per tablespoon, with no fat, cholesterol, carbohydrates or sweeteners.
- **Cell Activator.** Poor diet, poor digestion or high levels of stress can contribute to fatigue and lowered resistance. Cell Activator capsules include a blend of essential nutrients plus select botanicals, to support cellular energy production and stamina.\*

- **Herbal Concentrate.** An energizing and thermogenic beverage with green tea and select herbs. Can be enjoyed hot or cold.
- **Total Control®.** This advanced formula helps build energy and boost metabolism to help overcome challenges associated with dieting and maximize weight-loss results.\* Key ingredients include green tea, ginger, yerba maté and cacao to help boost metabolism, build energy and promote weight loss.\*
- **Cell-U-Loss.** Cell-U-Loss capsules are designed to help reduce fluid accumulation and thereby improve the skin's appearance.\* The appearance of dimpled skin may be formed when fatty tissues in certain parts of the body accumulate fluid and wastes.
- **Snack Defense™.** A scientific advancement in snacking control, Snack Defense™ tablets work all day long to help you stop snacking between meals, and reduces the desire for sweets.\* Formulated with a blend of powerful ingredients, including gymnema sylvestre, a cutting-edge herb that targets the body's response to cravings, Snack Defense™ takes weight loss to a new level.\*
- **Protein Sampler Pack.** A selection of 14 protein snacks to help keep metabolism up and hunger at bay.



## PROGRAM INCLUDES:

- **Formula 1 Nutritional Shake Mix (750g)**—Choice of five flavors: French Vanilla, Cookies 'n Cream, Dutch Chocolate, Wild Berry and Tropical Fruit.
- **Formula 2 Multivitamin Complex**
- **Formula 3 Personalized Protein Powder**
- **Cell Activator**
- **Herbal Concentrate (Original flavor, 50g)**
- **Total Control®**
- **Cell-U-Loss**
- **Snack Defense™**
- **Protein Sampler Pack**, including 4 Protein Bars (1 Peanut Butter, 1 Chocolate Coconut, 1 Lemon, 1 Chocolate Fudge), 4 Soy Nuts, 2 Peach Mango Drink, 2 Wild Berry Drink, 2 Cream of Chicken Soup)

## ORDERING DETAILS

- #4824 French Vanilla Formula 1
- #4825 Dutch Chocolate Formula 1
- #4826 Wild Berry Formula 1
- #4827 Tropical Fruit Formula 1
- #4828 Cookies 'n Cream Formula 1

Retail Price \$212.66 VP 210.00

\*\* Tropical Fruit: Milk-protein-based formula containing 2 grams of soy protein per serving.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.